

**YELLOW - EARTH**  
 (STOMACH, SPLEEN)  
**BROWN - METAL**  
 (LARGE INTESTINE,  
 LUNG)  
**PURPLE - WATER**  
 (KIDNEY, BLADDER)  
**GREEN - WOOD**  
 (LIVER, GALL BLAD-  
 DER)  
**ORANGE - FIRE**  
 (ADRENAL, THYROID,  
 THYMUS, HEART)  
**PINK = CV/CV**  
 (LYMPH, HEAD/  
 BRAIN/SINUS)

**Neuro-Lymphatic**  
**(organ drainage)**  
**Reflexes**  
**(Parasympathetic =**  
**rest and digest,**  
**soothe and heal)**

